

# Scottish Audits

## Keep Well – Prevention 2010 for Dundee CHP

Keep Well Referrals

INPS

### Table of Editions and Contents

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12.01.10	V1, 11/10/2010	Scottish Keep Well Prevention 2010 Referrals	
27.09.10	V3, 27/09/2010	Include self-support worker referral	
18.01.11	V3, 27/09/2010		pdf

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# Keep Well – Prevention 2010

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## Keep Well Referrals for Dundee CHP

Version 3, 27/09/10

This audit is listed under **Scottish Audits - Keep Well - Prevention 2010**

**KW Referrals for Dundee CHP.**

### Scottish Audits

#### Keep Well - Prevention 2010

[Aberdeen Engagement Data 2008 \[Version 1, 17/09/2008\]](#)

[Engagement Data - All Postcodes \[Version 2, 18/01/2008\]](#)

[Tayside Engagement Data \[Version 3, 02/01/2008\]](#)

[Hearty Lives and Keep Well Engagement Dundee CHP \[Version 3, 28/06/2010\]](#)

[KW Referrals for Dundee CHP \[Version 3, 27/09/2010\]](#)

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	Total Practice Population
	Patients aged 40y (at cutoff) to under 65y (at 01/03/07)
	Patients aged 40y (at cutoff) to under 65y (at 01/03/07) in DEPCAT 6 & 7
	Patients aged 40-44y in DEPCAT 6 & 7
	<b>ELIGIBLE HEARTY LIVES COHORT - Pts 40-44y in Depcat 6 &amp; 7 and not excluded</b>
	KWSC1 - Referred for smoking cessation (8HTK.)
	KWSC2 - Referred for smoking cessation and have Unit recorded as Keep Well and Department recorded as Smoking I
	KWSC3 - Referred for smoking cessation and do NOT have Unit recorded as Keep Well and Department recorded as S
	KWSC4 - Recorded as refusing support for smoking cessation (9002)
	KWWM1 - Referred to a weight management programme (8HHH)
	KWWM2 - Referred to a weight management programme and have Unit recorded as Keep Well and Department record
	KWWM3 - Referred to a weight management programme and have Unit recorded as Keep Well and Department record
	KWWM4 - Referred to a weight management programme and have Unit recorded as Keep Well and Department record
	KWWM5 - Referred to a weight management programme and have Unit recorded as Keep Well and Department record
	KWWM6 - Referred to a weight management programme and do not have Unit recorded as Keep Well and do not have
	KWWM7 - Recorded as refusing a referral to weight management services (8I3A.)
	KWEP1 - Referred to an Exercise Programme (8HHc)
	KWEP2 - Referred to an Exercise Programme and have Unit recorded as Keep Well and Department recorded as Activ
	KWEP3 - Referred to an Exercise Programme and have Unit recorded as Keep Well and Department recorded as Healt
	KWEP4 - Referred to an Exercise Programme and have Unit recorded as Keep Well and Department recorded as HLI

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## Audit Criteria

### Total practice population

All active registered patients

### Patients aged 40 (at the last day of the last month) to under 65 years (as at 01.01.2007)

All active registered patients aged 40 years (at last day of last month) to under 65 years (at 01/03/2007, ie date of birth on or after 01/03/1942) living in all postcodes.

### Patients living in DEPCAT 6&7

Patients aged 40 – 64 living in one of the following postcode areas:

DD1 1	DD3 6
DD1 2	DD3 7
DD1 3	DD4 0
DD1 5	DD4 6
DD2 3	DD4 8
DD2 4	DD4 9
DD3 0	

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**Note** This audit does not automatically exclude patients with the suggested exclusion codes, eg bedridden, dementia. These patients are "Patients Considered for exclusion from Keep Well" and can be excluded from the project by adding the following code to their medical records - 9OR9 Well adult monitoring deleted

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### Patients considered for exclusion from Keep Well

Patients 40-64 living in DEPCAT 6 or 7 with a QOF dementia code or other Keep Well exclusion code:

Eu02.% [X]Dementia in other diseases classified elsewhere

E00..% Senile and presenile organic psychotic conditions

Eu01.% [X]Vascular dementia

E02y1 Drug-induced dementia

Eu02z [X]Unspecified dementia

E012.% Other alcoholic dementia

Eu00.% Dementia in Alzheimer's disease

E041.Dementia in conditions EC  
Eu041 [X]Delirium superimposed on dementia  
F110. Alzheimer's disease  
F111. Pick's disease  
F112. Senile degeneration of brain  
F116 Lewy body disease

Other Keep Well exclusion codes, ever, with no end-date

13C6 Bed-ridden  
13CA Housebound  
13F61 Lives in a nursing home  
13F81 Long stay hospital inpatient  
8I35 Assessment examination refused  
13HQ In prison  
9132 Patient has gone abroad  
1P51 Physically abusive behaviour  
1Z0 Terminal illness  
1P52 Verbally abusive behaviour  
1P50 Violent acts towards others

**Patients considered for exclusion with 9OR9 Keep Well exclusion code recorded since 01/03/2007**

9OR9 Well adult monitoring deleted

**Patients considered for exclusion with NO 9OR9 Keep Well exclusion code recorded since 01/03/2007**

**Patients living in DEPCAT 6 & 7 with 9OR9 exclusion code**

Patients 45-64 living in DEPCAT 6 or 7 with NO QOF dementia code (see above) or other Keep Well exclusion code (see above)

Who have the exclusion code:

9OR9 Well adult monitoring deleted

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## Eligible patient groups

There are three groups of patients:

### **Eligible healthy lives cohort - Patients aged 40-44y living in DEPCAT 6 & 7 and NO 9OR9 exclusion code**

Patients 40-44 living in DEPCAT 6 or 7 with NO QOF dementia code (see above) or other Keep Well exclusion code (see above)

Who do NOT have the exclusion code:

9OR9 Well adult monitoring deleted

Who have monitoring recorded since 01/03/2007 with:

9ORZ Well adult monitoring admin NOS

### **Eligible interim cohort - Patients aged 40-44y living in DEPCAT 6 & 7 had assessment and NO 9OR9 exclusion code**

Patients aged 45y to <65y (as of 01/04/2007)

Who have monitoring recorded since 01/03/2007 with:

9ORZ Well adult monitoring admin NOS

Living in DEPCAT 6 or 7 assessed when aged 40-44 and NOT excluded

Who have attended a Health Check before their 45<sup>th</sup> birthday:

9ORA. Well adult monitor check done

9OR1. Attends well adult monitoring

Who do NOT have the exclusion code:

9OR9 Well adult monitoring deleted

### **Keep well cohort - Patients aged 45-<65y living in DEPCAT 6 & 7 HAD assessment aged 45y or older and not excluded**

Patients aged 44 (as of today) – 64 (as of 01/04/2007) years old

Who have monitoring recorded since 01/03/2007 with:

9ORZ Well adult monitoring admin NOS

And have attended a health check when aged 45 years old or greater:

9ORA. Well adult monitor check done

9OR1. Attends well adult monitoring

Who do NOT have the exclusion code:

9OR9 Well adult monitoring deleted

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## Referrals

### From Eligible target population:

In the Referral record, Unit means Provider Unit is recorded as Keep Well; Department (of the Unit) is recorded as relevant, eg Smoking Cessation, Weight Management etc.

KWSC1 - Smoking cessation referral

8HTK Referral to stop smoking clinic

KWSC2 - Smoking cessation referral, and on Referrals Add, Unit = Keep Well, and Department = Smoking cessation

KWSC3 - Smoking cessation referral and Unit/Department incorrect

KWSC4 - Refusing support for smoking cessation

9002 Refuses stop smoking monitor

KWWM1 - Weight management program referral

8HHH Refer to weight management

KWWM2 - Weight management program referral and on Referrals Add, Unit = Keep Well, and Department = Counterweight

KWWM3 - Weight management program referral and on Referrals Add, Unit = Keep Well, and Department = Dietetics

KWWM4 - Weight management program referral and on Referrals Add, Unit = Keep Well, and Department = Spec Obesity Services

KWWM5 - Weight management program referral and on Referrals Add, Unit = Keep Well, and Department = Winning Weigh

KWWM6 - Weight management program referral and on Referrals Add, Unit is not recorded as Keep Well, and Department is not recorded as Counterweight, Dietetics, Spec Obesity Services, or Winning Weigh

KWWM7 - Refusing a referral to weight management services

8I3A Referral to dietician declined

KWEP1 - Exercise Program referral

8HHc Refer to exercise program

KWEP2 - Exercise Program referral and on Referrals Add, Unit = Keep Well, and Department = Active for life

KWEP3 - Exercise Program referral and on Referrals Add, Unit = Keep Well, and Department = Health Coaching

KWEP4 - Exercise Program referral and on Referrals Add, Unit = Keep Well, and Department = HLI

KWEP5 - Exercise Program referral and on Referrals Add, Unit is not recorded as Keep Well, and Department is not recorded as Active for life, Health Coaching or HLI

KWEP6 - Refusing a referral to a exercise program

138S Decline referral to exercise program

KWHC1 - Health coaching referral

8Hk7 Referred for health coaching

KWHC2 - Health coaching referral and on Referrals Add, Unit = Keep Well, and Department = Health coaching

KWHC3 - Health coaching referral and on Referrals Add, Unit = Keep Well, and Department = HLI groups

KWHC4 - Health coaching referral and on Referrals Add, Unit is not recorded as Keep Well, and Department is not recorded as Health coaching or HLI groups

KWCA1 - Community alcohol team referral

8H7p Referral to community alcohol team

KWCA2 - Community alcohol team referral and on Referrals Add, Unit = Keep Well, and Department = Alcohol - TAPS

KWCA3 - Community alcohol team referral and on Referrals Add, Unit = Keep Well, and Department = Alcohol - TCA

KWCA4 - Community alcohol team referral and on Referrals Add, Unit is not recorded as Keep Well, and Department is not recorded as Alcohol – TAPS or Alcohol - TCA

KWSTC1 - Stress counselling referral

67J Referred for stress counselling

KWSTC2 - Stress counselling referral and on Referrals Add, Unit = Keep Well, and Department = Health coaching

KWSTC3 - Stress counselling referral and on Referrals Add, Unit = Keep Well, and Department = HLI groups

KWSTC4 - Stress counselling referral and on Referrals Add, Unit is not recorded as Keep Well, and Department is not recorded as Health coaching or HLI groups

KWSTC5 - Refusing stress monitoring

9ON2 Refuses stress monitoring

KWGP1 - Referred to a GP

8H62 Referral to GP

KWN1 - Referred to a practice nurse

8H71 Referral to practice nurse

KWSH1 – Self Help Support Worker Referral

8Hhr. Referral for mental health self help literature

KWSH2 – Self Help Support Worker Referrals: Department = Self Help Support Worker

KWSH3 - Self Help Support Worker Referral: no/alternative details  
(Department is not recorded as Self Help Support Worker, or is blank)